

Eat This Book

Prayer Guide: Month 7 [July 5–July 30]

This year, the prayer guides are following along with the Eat This Book reading plan and will give you weekly themes, based on the reading selection for that week, to pray through as you read.

Week 1 [7/5–9] – God’s Amazing Mercy – Ezekiel 16-27

In Ezekiel 20:33-44, God proclaims that He will restore Israel from her exile, bringing her children back to the promised land. In verse 44, God proclaims that they would know that He is the Lord when He does not treat them according to their wicked deeds, but for his “name’s sake.” God would be true to His promises and would extend mercy to His people. How has God given you mercy instead of what you deserve? Take some time this week to praise God for His mercy and His faithfulness to you. Ask Him to help you show mercy to someone in your life this week.

Week 2 [7/12–16] – Not Giving In – Ezekiel 34-Daniel 1-3

In Daniel chapter 1, Daniel and his friends refused to eat the king’s choice food, as they had been directed to do by the king’s manager. They did this because they did not want to be contaminated by idols and transgress God’s law. They were willing to risk reproach and punishment rather than give in to sin. This week, ask God for grace to escape the temptations to sin that the world throws at you. Ask that He help you overcome any peer-pressure and/or fear of letting people down.

Week 3 [7/19–23] – True Satisfaction – Daniel 10-Joel 3

In Hosea, Israel is portrayed as God’s wife who has committed adultery with the surrounding nations, running to them to meet her needs. How have you looked to other things besides the Lord to satisfy you? Confess this sin to God this week and pray that He would restore you to Himself like He did with Israel. Ask the Lord to give you the faith to trust Him to satisfy all your needs.

Week 4 [7/26–30] – What is Good – Obadiah-Zephaniah

In Micah 6:8, the prophet states, “He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?” This week, ask the Holy Spirit to live out this “good.” Pray that God would put you in situations where you can act justly, kindly, and humbly.